## **Codes of Conduct**

## Parents Code of Conduct

- 1. No parent or fan is to physically or verbally abuse another parent, fan, coach, wrestler, or referee. If a parent has a problem, concern, or issue with a fan, wrestler, or another parent, the only proper venue for discussion is with a Division Director in private at an appropriate time.
- 2. All parents are to conduct themselves in a sportsmanlike manner:
  - a. No unsportsmanlike yelling, such as: booing, teasing, or cheering if a wrestler is hurt or losing. NO instructions to take specific advantage of any injury incurred by an opponent while wrestling.
  - b. No unsportsmanlike gestures of any kind will be allowed.
- 3. Please see that your child is picked up at the designated time after practice. The coaches will try to finish practice as close to the designated time as possible.
- Please remember that this program is for our youth, but in no way is to be used as an excuse for unfinished homework or other responsibilities. Explain this to your child so he/she can plan his/her time wisely.
- 5. Parents or guardians must physically drop off and pick up their children at the DDHS Wrestling Room and not at the exterior of the school.

Parents, as well as their athletes, will be held responsible for compliance with their Code of Conduct.

Parent's Signature:		Date:	
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## Wrestlers Code of Conduct

- 1. No wrestler is to physically or verbally abuse any coach or fellow wrestler.
- Wrestlers must listen to and follow the directions of all coaches. Wrestlers will be expected to work hard at practice or will be asked to sit. Wrestlers are not to be disruptive during practice or competitions.
- 3. If a wrestler is disruptive during practice, a parent will be required to attend all practices until the wrestler can act appropriately.
- 4. At all times, wrestlers must conduct themselves in a mature and respectful manner.
  - a. No unsportsmanlike yelling or cheering if a wrestler is hurt.
  - b. Win or lose, wrestlers MUST shake hands and congratulate their opponent.
  - c. No vulgar or obscene gestures of any kind should ever be made by a wrestler.
- 5. No wrestler is to use abusive and/or profane language before anyone connected with a DDYWC function (practices, tournaments, meetings, etc.)
- 6. Wrestlers should make every effort to attend all scheduled practices.
- 7. Wrestlers are not permitted in the wrestling room until a coach is present.
- 8. All wrestlers are to treat all DDYWC property and equipment with respect.
- 9. The DDYWC practice facility and any school where competitions are held are to be respected. Violation of this code of conduct will result in disciplinary action by the Division Director, up to and including dismissal from the team.

Wrestler's Signature:		Date:	
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